On the Way Down

"It's not the fall that kills you, it's the sudden stop at the end."--Douglas Adams

It's not the sudden stop at the end,
It's the fall that gets you:
The room rushing past
Slow or fast
The sinking ignorance of where to land,
What landing even means.
The gasp
The lurch
The sway overbalanced:
It's not the destination, it's the journey.

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